

Pediatric Grand Rounds

2026 Schedule [Click for Links!](#)



July 16 - Jodi Jackson, MD

Mindfulness in Medicine – Flourishing in Medicine: Reconnecting with Self, Colleagues, and Patients Through Mindful Practice and Human Connection
(Dr. Julius M. and Marjorie R. Kantor Endowed Lectureship)

In today's healthcare environment, marked by complexity, productivity pressures, and constant change, many clinicians seek to reconnect with the purpose that inspired their career in medicine. This session explores the concept of vocation—the intersection of personal values, passions, and service to others—and how it can be cultivated in daily practice. Participants will examine the relationship between personal growth, institutional support, and empowerment through intentional awareness and reflection. The session also offers an opportunity for meaningful connection with colleagues, fostering community and renewed purpose. In-person attendance is encouraged to support shared reflection and deeper engagement.

(Live activity, 1 AMA PRA Category 1 Credits™, 1 ANCC Contact Hour, 1 CE Hour Respiratory Therapy, 1 CE Hour Nutrition, 1 CE Hour ASRT)

Aug. 20 - Title to come!

Sept. 17 - No Grand Rounds (Join us at CAPS!)

Oct. 15 - Hollie Raynor, PhD, RD, LDN

Pediatric Lifestyle Obesity Care: Considerations for Translation of Evidence-Based Recommendations from a Nutrition Perspective

Applying evidence-based nutrition guidance to pediatric obesity care can be challenging. This session explores limitations in current research, factors influencing implementation, and the role of food insecurity and other social determinants. Attendees will gain practical strategies for tailoring obesity interventions and providing more equitable, effective, family-centered care.

(Live activity, 1 AMA PRA Category 1 Credits™, 1 ANCC Contact Hour)

Nov. 5 - Gita Pensa, MD

Support Through Litigation

This lecture examines the psychological and professional impact of malpractice litigation on clinicians. Drawing from a twelve-year litigation experience, it explores burnout, isolation, and identity disruption, emphasizing litigation stress as an occupational hazard. Attendees will learn strategies that promote peer support, psychological safety, resilience, and clinician well-being.

(Live activity, 1 AMA PRA Category 1 Credits™, 1 ANCC Contact Hour)

Nov. 19 - Anik Patel, MD

Putting Patients and Families First: Health Literacy Approaches for Inclusive Communication

Health information can be difficult to understand, particularly for families of children with complex health needs and those whose primary language is not English. A pediatric physician and a panel of parents will share experiences and perspectives on language, culture, and health literacy to help improve communication and care.

(Live activity, 1 AMA PRA Category 1 Credits™, 1 ANCC Contact Hour)

Dec. 17 - Michelle DePhillips, MD

Treatment of Opioid Use Disorders in the Pediatric Patient

The prevalence of opioid use disorder (OUD) and rates of opioid overdose in the pediatric population have substantially increased over the last five to six years. Early identification and initiation of medications for opioid use disorder (MOUD) are crucial to successful treatment. However, many pediatric providers have received minimal education or training in the identification and treatment of OUD and do not feel prepared to manage these patients.

(Live activity, 1 AMA PRA Category 1 Credits™, 1 ANCC Contact Hour)

Accreditation Statements: Children's Mercy Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Children's Mercy Kansas City is approved as a provider of nursing continuing professional development by VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

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